

ParentPrep

Family-Led SEL Practice

Build confident, resilient students · through calm, daily real-world practice with family.

· Top Benefits

No added staff time · SEL practice happens at home

Daily micro-practice builds skills that stick

Strengthens behavior, communication, confidence

Safe decision-making & digital behavior scenarios

Fast rollout · one school access code

· Key Skills Developed

Confidence

Emotional regulation

Asking for help

Peer pressure decisions

Safe digital behavior

Conflict resolution

Boundaries & self-advocacy

Goal setting

· Age Groups

4·

6

7·

9

10·

13

14·

18

· How It Works

1. School receives access code

2. Families log in

3. Complete 2-5 minute practice

4. Confidence grows through repetition

· Privacy &

Safety

No student accounts ·

Minimal data

FERPA-aligned · Secure platform

· Example Scenarios

"Someone was unkind · what do I say?"

"A friend dares me to do something risky."

"I received a message that felt wrong."

"I feel left out · what are my options?"

· What Parents Say

"ParentPrep gives me the right words to guide my child."

"My student speaks up for themselves now · major growth."